



PSYO 241 – 001 (3)

Personality

2023 Winter Term 2

Tuesdays/Thursdays 12:30 – 2:00pm

Online Course

Professor

Name: Lauren Human, Ph.D.

Course email: psyo.241@ubc.ca (preferable in most cases: see **Contact Procedures**)

Personal Email: lauren.human@ubc.ca

Office Hour: Thursdays 12:30 – 1:30pm on Zoom, or by appointment

Teaching Assistants

For an individual appointment, email your assigned TA.

Student Last Name:	TA	Email	Zoom Discussion Group
A – Go	Jasmine Chen	jasmine.chen@ubc.ca	Tuesdays
Gr – N	Scarlett MacPherson	scarlett.macpherson@ubc.ca	12:30pm – 1:30pm
O – Z	Bahare Mazinani	bahare.mazinani@ubc.ca	See Canvas for Zoom links

Academic Calendar Entry

PSYO 241 (3) Personality

Focuses on a variety of personality theories including psychoanalytic, behaviouristic, cognitive, humanistic, and trait perspectives. Methods of research and critical analysis of theoretical foundations and research.[3-0-0]

Prerequisites: All of PSYO 111, PSYO 121. Or all of PSYC 101, PSYC 102. Or PSYC 100.

Course Description

This course will introduce students to core concepts in personality psychology, and, where applicable, the research that underlies them. The course will focus on a variety of personality theories including, but not limited to: trait, psychoanalytic, behaviouristic, cognitive, humanistic perspectives. This course will also explore cultural variation, the self, and how personality relates to relationships, business, and mental and physical health. We will also discuss research methods and assessment in personality. This course intends to provide students with a thorough understanding of these key concepts in personality psychology.

Learning Outcomes:

Upon successful completion of this course, students will be able to:

- 1) Recognize and describe key constructs and theories related to personality psychology (e.g., trait, psychoanalytic, humanistic, motivational perspectives).
- 2) Recognize and describe key findings from research in personality psychology.
- 3) Understand common research methods and assessment in personality psychology.
- 4) Apply knowledge of personality psychology concepts, theories, and research to real world experiences



Course Format

This course will be offered entirely online, with lectures, exams, and office hours held via Canvas and Zoom.

Asynchronous Components: Lectures. Pre-recorded lectures will be uploaded to *Canvas* by 12:30pm on Tuesdays and Thursdays (barring technological or other issues that may occasionally delay uploads; you will be advised in these cases). The lectures will be available on Canvas for student viewing until the content-related scheduled midterm or final exam. It is the student's responsibility to view the lectures prior to their removal from Canvas. See the Course Schedule (pg. 8) for draft schedule of topics and chapter assignments.

Classes will primarily be lecture format but there may also be demonstrations and videos. Material will be presented in lecture that is not covered in the readings. Given the size of the class, the technological constraints in terms of bandwidth, and the various time zones students may be connecting from, lectures will be NOT be delivered during the scheduled lecture time. Instead, lectures will be pre-recorded and available for student viewing via Canvas.

Synchronous Components: Exams, TA Zoom Q&A Sessions, Pre-Exam Review Sessions, & Office Hours. Several components of the course will be held live during the scheduled class lecture time: Midterms (see course schedule), weekly Teaching Assistant (TA) Q&A sessions (Tuesdays), Instructor office hours (Thursdays), and Exam Review Sessions (see course schedule).

During weekly TA Q&A sessions, students will have the opportunity to meet and discuss course content and review more difficult concepts with their TAs via Zoom. See above for assignment by last name. Note that this may change slightly after the add/drop date. These sessions will take place on Tuesdays 12:30-1:30pm, starting January 16. Students will access the discussion group via Zoom. Attendance is not mandatory for these sessions, but attending is highly encouraged to ensure you stay up to date with the course content. If you would like to have a one-on-one meeting with your TA, please email your assigned TA to set up an appointment.

Students are also welcome to drop into Instructor office hours with questions on Thursdays, 12:30pm -1:30pm (except on Live Exam Review days).

Before each exam, there will also be a live pre-exam Review Class via Zoom, led by the instructor, instead of a pre-recorded lecture (see course schedule for dates). You will have the opportunity to submit questions in advance and during the session. Attendance is optional and the sessions will be recorded. However, they will be more beneficial the more students attend and ask questions, so attendance is highly encouraged.

Required Materials

Available in the UBCO bookstore (eBook or hard copy available):

Funder, D. C. (2019). *The Personality Puzzle* (8th Ed.). New York, NY: W. W. Norton & Company (with InQuizitive).

InQuizitive access, as pre-packaged with the textbook by the publisher, is **not** required for this course. However, this resource creates an immersive learning experience for students via



adaptive learning quizzes; students are encouraged to use it as a study tool for practicing and self-testing what is discussed both in lecture and in the textbook. Participation in InQuizitive assignments is optional and not graded. If you buy your textbook through the UBCO bookstore, you will be able to access InQuizitive through Canvas.

Requirements for Technology for Online Delivery of Courses

In order to engage with this course online, students are required to have a laptop or desktop computer and a stable internet connection. Lectures will be pre-recorded and posted to *Canvas*. As per UBC policy, exams will also be completed online during the scheduled course time (i.e., starting at 12:30pm PST on test days).

If you have questions or concerns about technological requirements or issues, these resources may be useful:

<https://keeplearning.ubc.ca/setting-up/>

<https://students.ok.ubc.ca/academic-success/learning-hub/tech-support-for-online-learning/>

Contact Procedures

Outside of office hours, if you have questions about the course content or requirements, please first follow the steps below, to help us respond as efficiently and consistently as possible:

1. **Check the syllabus/Lecture 1.** There is a lot of detailed information within this syllabus (and Lecture 1). If you ask a question that is covered in the syllabus/Lecture 1, you will be asked to review it.
2. **Check/post on the discussion board on *Canvas*** to see if your question has already been answered and, if not, post your question there – your TAs check *Canvas* and respond to questions daily, just as frequently as email. This is preferred for conceptual questions.
3. **If email is preferred, please email us using the course email account: psyo.241@ubc.ca**
This account will be monitored daily by GTAs who will address your questions directly or send them to the appropriate person. Emailing this account will ensure your email does not get lost in someone's personal email account and enhance our ability to provide consistent and timely responses.
4. **If you need to get in touch with a specific person** (e.g., the TA who holds your discussion group or your professor), please use the emails listed on the first page.
 - When emailing, please include the course title in the email subject (PSYO 241).
 - Please be patient – we will do our best to respond to emails within 24 hours.

Assessment of Performance

Type of assessment	% of grade	Assessment Date or Deadline
1.) Midterm 1	30%*	February 6, 2023
2.) Midterm 2	30%*	March 12, 2023
3.) Final Exam	35%*	Exam period: April 15 – 26
4.) Weekly Participation Surveys	5%	Every Sunday of weeks with new lecture content
5.) Research Activity	2% (Bonus)	Continuous

*I use a **flexible weighting scheme** such that the exam you perform highest on will automatically be weighted 5% more, and the exam you score the lowest on will automatically be weighted 5% less. So, if you perform best on Midterm 1, it will be worth 35%, and if you perform lowest on Midterm 2, it will be worth 25%.



Midterm 1. The midterm will be held during regular class time (12:30pm – 2:00pm) online via Canvas. The midterm will cover all content and chapters (Chapters 2, 3, and 5) assigned between January 9 – 23, inclusive, unless otherwise announced. There will be approximately 40-50 multiple-choice questions, from both the lectures and textbook.

Midterm 2. The midterm will be held during regular class time (12:30pm – 2:00pm) online via Canvas. The midterm will cover all content and chapters (Chapters 6, 10, 12) assigned between January 25 – February 27, inclusive, unless otherwise announced. There will be approximately 40-50 multiple-choice questions, from both the lectures and textbook.

Final Exam. The date and time will be during final exam period (April 15 – 26), as set by the University. The final exam will cover all content and chapters (Ch. 13-17) assigned between February 29 – April 11, inclusive, unless otherwise announced. The final exam will include approximately 60-70 multiple choice questions, from both the lectures and textbook. You will have two hours.

All exams will take place online and will be closed book. You will be required to use Respondus Lockdown Browser. You will have 1 hour and 20 minutes to complete the midterms. You will have two hours to complete the final exam; time and date to be set by the university.

Weekly Participation Surveys (5%). You can earn participation marks by answering questions (e.g., practice exam questions, sharing opinions, making predictions) each week through Quizzes on Canvas. Answers to the questions will be incorporated into the next week's lectures to maintain an interactive environment. Only average/aggregated responses will be shared, not individual responses. Your grade will be based solely on participation – your actual response need not be correct (and not all questions have a correct answer). See details in Lecture 1. The first survey will be due January 14th but will only count towards your grade as of January 21st, after the add/drop deadline. There won't be any surveys due the week before exams (see Canvas calendar for deadlines).

- To participate in surveys, you can respond to questions anytime between their start time (no later than 2pm on Thursdays) and their end time (Sundays at midnight). Thus, you will have at least three full days to complete the survey. There will be approximately 5-10 questions per survey.
- You are **not** permitted to respond on behalf of a classmate – because survey participation will be used to compute a portion of your grade, doing so constitutes an academic offense.
- To maintain a safe and respectful classroom environment, please ensure that any open-ended survey responses you submit are appropriate and relevant to the question asked. Please note that your responses are identifiable to the instructor.
- You can miss up to 2 survey responses without penalty, no questions asked. If you miss more than two, and would like to request an extension, you will need to provide valid documentation (see Missed Tests and Assignments). Extension requests will only be considered if two surveys have already been missed.

SONA (2% bonus). See pages 11-12 of this syllabus for information on how to participate in research or complete a research summary assignment to earn this bonus credit.



Additional Notes About Grades:

Final grades will be based on the evaluations listed above and the final grade will be assigned according to the standardized grading system outlined in the UBC Okanagan Calendar.

Please note I do not “round up” final grades. It is policy in this course that final grades cannot be adjusted (through extra assignments or otherwise) in order to achieve a passing mark, higher letter grade etc. In order to maintain fairness within this course, requests for additional assignments as well as requests to round or “bump up” final grades will be denied.

Barber School reserves the right to scale grades in order to maintain equity among sections and conformity to University, faculty, department, or the school norms. Students should therefore note that an unofficial grade given by an instructor might be changed by the faculty, department, or school

(<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,90,1014>).

Missed Tests and Late Assignments:

Accommodations (i.e., make-up tests; survey extensions) will not be given unless there is a valid reason for missing the initial assessment date or deadline. Lack of planning, simultaneous assignments, or other conflicts do not qualify as valid reasons and instructors are not required to make allowance for any missed test or incomplete assignment that is not satisfactorily accounted for. Please contact your instructor as soon as possible if you need to request an accommodation. In the occurrence of an unforeseen event (e.g. emergency hospitalization; illness; death in the family), you must contact your professor about the matter no longer than 24 hours after the missed test or assignment deadline. If ill health is an issue, students are encouraged to seek attention from a health professional. Campus Health and Counselling will normally provide documentation only to students who have been seen previously at these offices for treatment or counselling specific to conditions associated with their academic difficulties.

Missed Tests: Students who miss a test must provide written documentation (i.e., doctor's note) of the absence to the instructor and must arrange to make up the test within one week of the original test date. Students who do not write the test by this time will receive a grade of “0”. If you do not have a valid reason for missing a test, you will also receive a “0”.

Late Survey: The participation due dates are listed in the Quizzes page on Canvas and the Canvas calendar. Extensions will not be given except in valid circumstances (described above), and if the two surveys have already been missed. If a valid excuse is given, students will have 48 hours from the due date to submit the late survey.

Students who feel that requests for consideration have not been dealt with fairly by their instructors may take their concerns first to the Head of the discipline, and if not resolved, to the Office of the Dean. Further information can be found at:

<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>.

Technical Issues During Tests/Examinations:

As per UBC policy, all midterms must be completed during the scheduled course time. Out of fairness to all students, there are no exceptions to this policy. The instructor (or TA for make up exams) will be available during all tests/examinations via email should students encounter technical difficulties. It is the responsibility of the student to ensure that any technical issues are



reported to the instructor **immediately**. If you cannot connect with the instructor via email, please document the issue or technical concern via a screenshot. This is the only circumstance in which it is appropriate to document (i.e., screenshot) exam material. Failing to report technical issues in a timely manner may result in the issue not being resolved and may negatively impact your grade.

Academic Integrity Examination Policies for Closed-Book Exams:

The examinations in this course are all closed-book, so you are **not** permitted to access any of the course materials, including your notes, during the exam. You are **not** to use any search engines, generative AI (e.g., ChatGPT), or other programs except for the program required to complete the exam. Nor are you to communicate with anyone – you are to work independently. Communication with other students (written, text, verbal, etc.) is also not permitted. If you violate these conditions you have engaged in Academic Misconduct and will be subject to the consequences articulated in the Academic Integrity section (see below).

Final Examination:

The examination period for Term 2 is April 15 – 26. Except in the case of examination clashes and hardships (three or more formal examinations scheduled within a 27-hour period) or unforeseen events, students will be permitted to apply for out-of-time final examinations only if they are representing the University, the province, or the country in a competition or performance; serving in the Canadian military; observing a religious rite; working to support themselves or their family; or caring for a family member. Unforeseen events include (but may not be limited to) the following: ill health or other personal challenges that arise during a term and changes in the requirements of an ongoing job. Further information on Academic Concessions can be found under Policies and Regulations in the Okanagan Academic Calendar (<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>). Out-of-time examination forms can be found at (<https://fass.ok.ubc.ca/student-resources/undergrad/student-forms/>) and must be sent to the Dean's office.

Academic Integrity:

The academic enterprise is founded on *honesty, civility, and integrity*. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating may result in a mark of zero on the assignment or exam and more serious consequences may apply if the matter is referred to the President's Advisory Committee on Student Discipline. Careful records are kept in order to monitor and prevent recurrences.

A more detailed description of academic integrity, including the University's policies and procedures, may be found in the Academic Calendar at <https://okanagan.calendar.ubc.ca/campus-wide-policies-and-regulations/student-conduct-and-discipline/discipline-academic-misconduct>



A Note Regarding Online Learning: Keep in mind that some UBC courses might cover topics that are censored or considered illegal by non-Canadian governments. This may include, but is not limited to, human rights, representative government, defamation, obscenity, gender or sexuality, and historical or current geopolitical controversies. If you are a student living abroad, you will be subject to the laws of your local jurisdiction, and your local authorities might limit your access to course material or take punitive action against you. UBC is strongly committed to academic freedom, but has no control over foreign authorities (please visit <http://www.calendar.ubc.ca/vancouver/index.cfm?tree=3,33,86,0> for an articulation of the values of the University conveyed in the Senate Statement on Academic Freedom). Thus, we recognize that students will have legitimate reason to exercise caution in studying certain subjects. If you have concerns regarding your personal situation, consider postponing taking a course with manifest risks, until you are back on campus or reach out to your academic advisor to find substitute courses. For further information and support, please visit: <http://academic.ubc.ca/support-resources/freedom-expression>

UBC Okanagan Disability Resource Centre: The Disability Resource Centre ensures educational equity for students with disabilities and chronic medical conditions. If you are disabled, have an injury or illness and require academic accommodations to meet the course objectives, please contact:

Email: drc.questions@ubc.ca

Tel: [250-807-8053](tel:250-807-8053)

UNC 215 – 3272 University Way, Kelowna, BC, V1V 1V7

Web: <https://students.ok.ubc.ca/academic-success/disability-resources/>



Tentative Course Schedule:

Note that there may be minor changes to the schedule and content of readings in this course. Any changes that impact midterm or due dates will be announced at least one week prior to those dates.

Day	Topic	Reading List
January 9	Course Introduction	Syllabus & Chapter 1
January 11	Research Methods 1	Chapter 2
January 16	Research Methods 2	Chapter 2
January 18	Personality Assessment	Chapter 3
January 23	Personality Judgment	Chapter 5
January 25	Trait Approach 1	Chapter 6
January 30	Trait Approach 2	Chapter 6
February 1	Live Zoom Midterm Review Session	
February 6	<u>Midterm 1 (Chapters 2, 3, 5)</u>	Chapter 6
February 8	Psychoanalysis 1	Chapter 10
February 13	Psychoanalysis 2	Chapter 10
February 15	Humanistic Psychology	Chapter 12
February 20 & 22	Study Break – No Classes	
February 27	Positive Psychology	Chapter 12
February 29	Cross-Cultural Psychology 1	Chapter 13
March 5	Cross-Cultural Psychology 2	Chapter 13
March 7	Live Zoom Midterm Review Session	
March 12	<u>Midterm 2 (Chapters 6, 10, 12)</u>	
March 14	Personality Processes 1	Chapter 14
March 19	Personality Processes 2	Chapter 14
March 21	Self 1	Chapter 15
March 26	Self 2	Chapter 15
March 28	Relationships	Chapter 16
April 2	Business	Chapter 16
April 4	Mental Health	Chapter 17
April 9	Physical Health	Chapter 17
April 11	Live Zoom Final Review Session	
April 15 – 26	Final Exam (Chapters 13- 17)	



Copyright Disclaimer:

Diagrams and figures included in lecture presentations adhere to Copyright Guidelines for UBC Faculty, Staff and Students (<http://copyright.ubc.ca/requirements/copyright-guidelines/>) and UBC Fair Dealing Requirements for Faculty and Staff (<http://copyright.ubc.ca/requirements/fair-dealing/>). Some of these figures and images are subject to copyright and will not be posted to *Canvas*. All material uploaded to *Canvas* are used with permission of the publisher; are in the public domain; are licensed by Creative Commons; meet the permitted terms of use of UBC's library license agreements for electronic items; and/or adhere to the UBC Fair Dealing Requirements for Faculty and Staff. Access to the *Canvas* course site is limited to students currently registered in this course. Under no circumstance are students permitted to provide any other person with means to access this material. Anyone violating these restrictions may be subject to legal action. Permission to electronically record any course materials must be granted by the instructor. Distribution of this material to a third party is forbidden.

Land Acknowledgment:

The online learning environment means that members of our course community are connecting from all over the world. Wherever you may be connecting from, please take a moment to acknowledge the land or territory that you are working and studying from and be grateful for the opportunity. The Okanagan campus is situated on the traditional, ancestral, and unceded territory of the Syilx Okanagan Nation, so for me, I acknowledge and respect the privilege I have to work and live in this territory. If you are interested in learning more about the land or territory you are living and working from, I encourage you to do so at this link: <https://native-land.ca>

UBC Okanagan Equity and Inclusion Office:

UBC Okanagan is a place where every student, staff and faculty member should be able to study and work in an environment that is free from discrimination and harassment. UBC prohibits discrimination and harassment on the basis of the following grounds: age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation or unrelated criminal conviction. If you require assistance related to an issue of equity, discrimination or harassment, or to get involved in human rights work on campus, please contact the Equity and Inclusion Office.

UNC 216 250.807.9291

Email: equity.ubco@ubc.ca

Web: www.equity.ok.ubc.ca

Health & Wellness:

At UBC Okanagan health services to students are provided by Health and Wellness. Nurses, physicians and counsellors provide health care and counselling related to physical health, emotional/mental health and sexual/reproductive health concerns. As well, health promotion, education and research activities are provided to the campus community. If you require assistance with your health, please contact Health and Wellness for more information or to book an appointment.

UNC 337 250.807.9270

email: healthwellness.okanagan@ubc.ca

Web: www.students.ok.ubc.ca/health-wellness

UBC Okanagan Walk-In Well-Being Clinic

The Walk-In Well-Being clinic offers no-fee, brief, single-session psychological services. Sessions are led by a doctoral student in clinical psychology and supervised by a registered psychologist (UBCO Faculty member). Clinicians can provide support with stress management, sleep, self-care, depression, anxiety, interpersonal issues, substance misuse, coping with academic demands/stressors, and provide options for connecting to additional resources. Virtual or in-person sessions are available at the UBCO



Psychology Clinic, located in ASC 167 with or without an appointment, on Tuesdays and Thursdays between 10 am and 3 pm from September to June, excluding campus closures. Phone: 250-807-8241 (ext. 1), email: ipc.ok@ubc.ca, Web: <https://psych.ok.ubc.ca/psychology-clinic/walk-in-wellness/>

Student Learning Hub:

The Student Learning Hub (LIB 237) is your go-to resource for free math, science, writing, and language learning support. The Hub welcomes undergraduate students from all disciplines and year levels to access a range of supports that include tutoring in math, sciences, languages, and writing, as well as help with study skills and learning strategies. For more information, please visit the Hub's website (<https://students.ok.ubc.ca/student-learning-hub/>) or call 250-807-9185.

Office of the Ombudsperson for Students:

The Office of the Ombudsperson for Students offers independent, impartial, and confidential support to students in navigating UBC policies, processes, and resources, as well as guidance in resolving concerns related to fairness.

Email: ombuds.office@ubc.ca

Web: www.ombudsoffice.ubc.ca

SAFEWALK:

Don't want to walk alone at night? Not too sure how to get somewhere on campus? Call 250.807.8076 For more information, see: www.security.ok.ubc.ca

Sexual Violence Prevention and Response Office (SVPRO):

A safe and confidential place for UBC students, staff and faculty who have experienced sexual violence regardless of when or where it took place. Just want to talk? We are here to listen and help you explore your options. We can help you find a safe place to stay, explain your reporting options (UBC or police), accompany you to the hospital, or support you with academic accommodations. You have the right to choose what happens next. We support your decision, whatever you decide.

Visit svpro.ok.ubc.ca or call us at 250.807.9640

Independent Investigations Office (IIO):

If you or someone you know has experienced sexual assault or some other form of sexual misconduct by a UBC community member and you want the Independent Investigations Office (IIO) at UBC to investigate, please contact the IIO. Investigations are conducted in a trauma informed, confidential and respectful manner in accordance with the principles of procedural fairness.

You can report your experience directly to the IIO via email: director.of.investigations@ubc.ca or by calling 604.827.2060 or online by visiting investigationsoffice.ubc.ca



SONA RESEARCH ACTIVITY

Students earn Sona credit points for their eligible courses from participating in research activity. This can be either through direct participation in research through the Sona online research system (Option 1), by completing summaries of primary research articles (Option 2), or by a combination of the two types of activities. First year courses (i.e., PSYO 111 and PSYO 121) include 4% as part of the final course grade for participating in Sona research activity, while second year and higher courses allow for a 2% bonus to be added to the final course grade for participating.

Research Participation In Online Research System (Option 1)

As a participant in one of the numerous research studies posted at <http://ubco.sona-systems.com/>, you will obtain 0.5% credit for each 0.5 hour of participation. Hence, studies requiring a 1-hour time commitment provides a credit of 1%, 1.5 hours provides a credit of 1.5%, and 2 hours provides a credit of 2.0%, etc.

Important Requirements

You may participate in more than one study in order to earn credits. It is important to sign up for studies early in the semester in order to increase the odds that a timeslot is available. If you wait until later in the semester, timeslots may no longer be available.

Logging On To The System

Sona is only open for those students who are registered in a psychology course offering Sona credit points. Please only use the request account option if you have never used the Sona system before. If you have used the Sona system before, please use the most recent login information you remember to log in.

Missed Appointments & Penalties

Missed appointments (i.e., failure to cancel the appointment at least 3 hours prior to the session) will be tracked. The consequence will be that you will not receive credit for participation in the study and you will be assigned an unexcused no-show. The unexcused no-show designation will cause you to lose the credit value of the study from the total possible credit points you can earn for your course. For example, if you are in PSYO 111 (or 121), you can earn up to 4.0 credits. If you miss an hour-long session that you signed up for (i.e., 1.0 credit) and don't cancel it in advance, the maximum credits that you can now earn for your course is 3.0, regardless of how many studies you complete.

If, after consenting to participate and starting a session (or survey), you decide to withdraw your consent, to avoid receiving an unexcused no-show on Sona, you must do one of the following:

- if it is an online study, you must cancel your Sona sign-up and/or contact Shirley (psyc.ubco.research@ubc.ca) if you are unable to cancel your sign-up;
- if it is an in-person study, you must let the researcher know directly. Their email can be found on the main description page for the study (little envelope icon). Depending upon the study, they will either cancel your session or assign you an excused no-show (meaning that you will not be penalized).

Your ability to withdraw your data will depend upon the study. Instructions for withdrawing your data (including limitations) will be described in the study's consent form.

Please email psyc.ubco.research@ubc.ca with any questions or concerns that you may have regarding the Sona system. Your professor or instructor does NOT have access to this information.



Research Summary Assignment (Option 2)

As an alternative to participating in research studies, you may obtain Sona credit points by completing library-writing projects to a satisfactory level. Each library-writing project is worth a total of two credits.

Important Requirements

1. This project consists of reading and summarizing (in written form) a recent, peer-reviewed, primary research article.
 - A “recent” article has been published within the past 12 months.
 - A “peer reviewed” article is one that has been reviewed by other scholars before it is accepted – for example, it **cannot** be a news item, an article from a popular magazine, a notice, or a letter to the editor.
 - A “primary” research article describes an experiment or study where data are collected by the authors. In other words, the article you choose to review **cannot** be a book review, literature review, or summary article.
2. You must choose an article published by one of the following agencies:
 - The American Psychological Society - *Psychological Science*, *Current Directions in Psychological Science*, *Psychological Science in the Public Interest*, or *Perspectives on Psychological Science*.
 - The American Psychological Association - www.apa.org/journals/by_title.html has a full listing.
 - The Canadian Psychological Association - *Canadian Psychology*, *Canadian Journal of Behavioural Science*, or *Canadian Journal of Experimental Psychology*.
 - The Psychonomic Society - *Behavior Research Methods, Cognitive, Affective, & Behavioral Neuroscience*, *Learning & Behavior*, *Memory & Cognition*, *Perception & Psychophysics*, or *Psychonomic Bulletin & Review*.

3. Other Assignment Guidelines

The summary should be about 300-500 words in length. The source must be cited and referenced in accordance with the *Publication Manual of the American Psychological Association*. The review will be graded on a pass – fail basis (2% or 0%). At least **14 days before the end of classes** each term, submit the following to the course instructor:

- the article summary
- a copy of the article
- a cover page that specifies your name, student number, email address, and word count of the summary.
- the course title and number

Submitting the assignment 14 days in advance is necessary to ensure that you have an opportunity to make corrections, if required. If you do not check your email frequently, provide a phone number on the cover page.