

PSYO 490 – 001
Undergraduate Psychology Honours Thesis Seminar
2024 Terms 1 & 2 (Online + In-Person Sessions)

Academic Calendar Entry:

PSYO 490 (3/6) d Undergraduate Honours Thesis

Two terms. A research problem in psychology under the supervision of a Psychology faculty member. Students engage in research requiring a written report with a public presentation of the findings. Students are required to participate in regularly scheduled colloquia and seminars. 6 credits required for Honours program.

Prerequisite: PSYO 372. Permission of the department head and a minimum grade average of 76% in all attempted Psychology courses also required.

Instructor:

Dr. Shirley Hutchinson

Contact Email: shirley.hutchinson@ubc.ca



Hello! My name is Shirley and I will be your instructor for this course. My academic background is in Social Psychology with a specific interest in stereotypes, prejudice, and discrimination research. I teach introductory psychology, personality psychology, the psychological theories of teaching and learning at both the undergraduate and graduate level, and I lead the Honours seminar course. I am also the Sona Administrator for the Department and am involved with academic articulation and course scheduling. I completed both my undergraduate and graduate degrees with UBC Okanagan and I am always happy to meet with students – my (virtual) office door is always open! ☺

Office Hours via Zoom: By appointment (please just email me).

<https://ubc.zoom.us/j/61056923118?pwd=cU82dVdDWmVFMWc5MGIXdjBNWk5qQT09>

Meeting ID: 610 5692 3118

Passcode: 733023

PLEASE NOTE: The start of this course will be delayed until the week of Sept. 30th 2024 to allow for the paperwork of all students to be processed by the Dean's Office. Further, this course requires students to attend in-person sessions. The day/time for the in-person sessions will be determined by class consensus once the course has started.

Land Acknowledgment:

Please take a moment to acknowledge the land or territory that you are working and studying from and be grateful for the opportunity. The Okanagan campus is situated on the traditional, ancestral, and unceded territory of the Syilx Okanagan Nation and their peoples, so for me, I acknowledge and respect the privilege I have to be able to work and live in this territory. If you are interested in learning more about the land or territory you are living and working from, I encourage you to do so at this link: <https://native-land.ca>

Course Overview and Objectives:

This course will introduce students to important topics relevant to their professional and academic development. Course topics will include, but are not limited to, discussions of ethics and professionalism; career navigation (e.g., resume/CV building, interview practice, professional conduct); post-undergraduate degree planning options; creative and critical thinking; elements of technical writing; and oral/virtual presentation skill development. Students will also be given Honour's research-related support throughout the course.

Learning Outcomes:

Upon successful completion of this course, students will be able to:

- Identify ethical issues and apply problem-solving skills to resolve these issues
- Demonstrate an understanding of how to construct and assess resumes, CVs, and cover letters
- Demonstrate an understanding of the interview skills required for various types of interviews
- Identify the career/academic options available to students with an undergraduate degree in psychology
- Communicate and negotiate effectively with a variety of interpersonal styles
- Showcase creative/critical thinking skills when evaluating material
- Demonstrate the technical writing skills required for academic and professional writing
- Display professional presentation skills both orally and visually
- Apply concepts from key readings and articulate those findings in group discussions
- Analyze, review, and critique materials (including that of peers) as they relate to course themes

Course Format:

The contents of the lectures will be determined by the course schedule (see below). Required key readings will be posted in the “Library Online Course Reserves” section of *Canvas*. Students are expected to attend all the in-person seminar sessions and will be expected to interact fully with the course material and other members of the course community via *Canvas*.

Assessments of Learning:

This seminar contributes 20% towards the student’s final grade in PSYO 490. The remaining 80% of PSYO 490 will be determined by the student’s Honours supervisor. There is no final exam for this course, but students are required to be actively engaged in all elements of the course. The required elements are as follows:

- 1) **Quizzes (5% of grade).** Students will be evaluated on quizzes related to the course content. Modules contributing to this assessment of learning are Modules 3, 4, 5, 11, 12, 13, 14, 15, 16, 17, 18, and 23.
- 2) **In-Class Discussions (5% of grade).** Students will be evaluated on their contributions to in-person course discussions and participation in course-related activities (i.e., OPURC abstract submission). This will be reported as a participation grade on *Canvas*.
- 3) **Submission and Engagement with Modules (10% of grade).** Students will be evaluated on their active engagement with in-class activities and on their submissions to course-specific modules. Modules contributing to this assessment of learning are Modules 1, 2, 6, 7, 8, 9, 10, 19, 20, 21, 22, 24, and 25.

Required Materials:

All required reading and discussion materials will be made available for students on *Canvas*. The course readings can be found in the “Library Online Course Reserves” section of *Canvas*. The modules section of *Canvas* will be where students can find content related to the course topics for each given week.

Missed Graded Work:

Students who, because of unforeseen events, are absent during the term and are unable to complete tests or other graded work, should discuss with their instructor how they can make up for missed work, according to written guidelines given to them at the start of the course. Instructors are not required to make allowance for any missed test or incomplete work that is not satisfactorily accounted for. If ill health is an issue, students are encouraged to seek attention from a health professional. Campus health and counselling will normally provide documentation only to students who have been seen previously at these offices for treatment or counselling specific to conditions associated with their academic difficulties. Students who feel that requests for consideration have not been dealt with fairly by their instructors may take their concerns first to the Head of the

discipline, and if not resolved, to the Office of the Dean. Further information can be found at:
<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>.

Course Schedule:

The below course schedule is considered tentative as the content covered each class may need to be adjusted to accommodate the pace of the course. **PLEASE NOTE:** The start of this course will be delayed until the week of September 30th, 2024 to allow for the paperwork of all students to be processed by the Dean's Office.

DATE	DISCUSSION TOPIC	ASSIGNED READINGS (LIBRARY ONLINE COURSE RESERVES)	MODULES & GROUP ACTIVITIES
Week #1 Sept. 30 th – Oct. 4 th	Course Introduction Conducting Research	Ch. 4. Conducting Reader-Centered Research	Module 1: Contacts & Supports Module 2: Honours Check-In #1 TCPS2 Training https://ethics.research.ubc.ca/education-training/online-tutorials-training
Week #2 Oct. 7 th – 11 th (In-Person)	Integrity and Ethics in Research & Work Relationships	Ch. 15. Ethics in the Workplace Ch. 6. Exercising Judgment and Good Ethics	Module 3: Ethics in the Workplace Module 4: Exercising Judgment and Good Ethics TCPS2 Training [Chapter 9] https://ethics.gc.ca/eng/tcps2-eptc2_2018_chapter9-chapitre9.html
Week #3 Oct. 14 th – 18 th	The First Nations Principles of OCAP®	The First Nations Principles of OCAP®	Module 5: The First Nations Principles of OCAP® https://fnigc.ca/ocap-training/
Week #4 Oct. 21 st – 25 th	Funding Applications	Award Opportunities (UBC) Guide To Funding Your Graduate Studies Scholarships (Government of Canada) Funding Databases (UBC)	Module 6: Grant Writing in Research

<p>Week #5 Oct. 28th – Nov. 1st (In-Person)</p>	<p>CV/Resume Development</p>	<p>Ch. 2. Writing for A Job</p> <p>How To Write A Clear, Compelling, CV</p> <p>Resumes, Cover Letters, CV, and Interviews</p> <p>Resume vs. CV: What's the Difference?</p> <p>Creating a Reference List</p>	<p>Module 7: CV vs. Resume</p> <p>Group Activity: Peer Review of CVs</p>
<p>Week #6 Nov. 4th – 8th (In-Person)</p>	<p>Cover Letter Development</p>	<p>Cover Letters</p> <p>Cover Letter Starter Kit</p>	<p>Module 8: Cover Letter Development</p> <p>Group Activity: Peer Review of Cover Letters</p>
<p>Week #7 Nov. 11th – 15th</p>	<p>MIDTERM BREAK – NO SCHEDULED CLASS OR ACTIVITIES –</p>		
<p>Week #8 Nov. 18th – 22nd</p>	<p>Applying to Graduate Programs: Clinical or Experimental Psychology?</p> <p>Guest Speakers</p>	<p>Ch. 1. Becoming An Expert Student</p> <p>Applying to Graduate School</p> <p>Applying to Graduate School in Psychology</p> <p>Becoming A Psychologist</p> <p>Choosing A Graduate Program (APS)</p>	<p>Module 9: Clinical and Experimental Graduate School</p>
<p>Week #9 Nov. 25th – Nov. 29th (In-Person)</p>	<p>Graduate School Applications & Statements of Intent/Interest</p>	<p>Life After Grad School: Chapters 15 & 21</p> <p>Statement of Interest V1</p> <p>Statement of Interest (UBC)</p> <p>Top Tip: How To Write a Good Statement of Interest</p>	<p>Group Activity: Peer Review of Statements of Intent/Interest</p>

<p>Week #10 Dec. 2nd – Dec. 6th (In-Person)</p>	<p>Preparing for Interviews</p>	<p>Ch. 7. Successful Interviews Appendix B. Interviewing</p>	<p>Group Activity: Peer Review Interviews</p>
<p>END OF TERM 1 ACTIVITIES</p>			
<p>Week #11 Jan. 6th – 10th</p>	<p>Exploring Alternative Academic & Professional Career Options</p>	<p>Ch. 9. What Career Options Are There for Students With a BA or BS in Psychology?</p> <p>Canada's Higher Education and Career Guide</p> <p>Careers and a Psychology Undergraduate Degree</p> <p>Careers In and Related to Psychology</p>	<p>Module 10: Honours Check-In #2</p>
<p>Week #12 Jan. 13th – 17th</p>	<p>Communication & Interpersonal Skills</p>	<p>Ch. 5. Communication Essentials</p>	<p>Module 11: Effective Communication</p>
<p>Week #13 Jan. 20th - 24th</p>	<p>Working with Difficult People and Negotiating Difficult Conversations</p>	<p>How to Deal With Difficult People: Chapters 1, 3, & 4</p> <p>The 5 Essential People Skills: Chapters 4 & 11</p> <p>What is Negotiating?</p> <p>When Things Go Awry</p>	<p>Module 12: Difficult People</p> <p>Module 13: Communicating with Difficult People</p> <p>Module 14: Tactics for Assertive Rapport Building</p> <p>Module 15: Negotiations</p>
<p>Week #14 Jan. 27th – Jan. 31st</p>	<p>Critical and Creative Thinking</p>	<p>An Introduction to Critical Thinking and Creativity: Chapters 2, 15, 20, & 24</p> <p>Chapter 4: Critical Thinking for Psychology</p>	<p>Module 16: Reasoning About Causation</p> <p>Module 17: Cognitive Biases</p> <p>Module 18: Creative Thinking</p>

Week #15 Feb. 3 rd – 7 th	Elements of Technical Writing	The Inside Track Ch. 6. Analysing and Interpreting Your Findings Ch. 12. Common Errors in Grammar and Usage	Module 19: Honours Outline Module 20: Honours Manuscript (1-2 paragraphs)
Week #16 Feb. 10 th – 14 th (In-Person)	Elements of Technical Writing	=====	Group Activity: Peer Review of Honours Manuscript
Week #17 Feb. 17 th – 21 st	MIDTERM BREAK – NO SCHEDULED CLASS OR ACTIVITIES –		
Week #18 Feb. 24 th – Feb. 28 th	Preparing a PowerPoint Presentation	Ch. 13. Creating Eleven Types of Reader-Centered Graphics Ch. 7. Using Presentation Aids	Module 21: Honours Check-In #3
Week #19 Mar. 3 rd – Mar. 7 th	Preparing a PowerPoint Presentation	Creating Research Posters in PowerPoint Creating Academic Posters Ch. 18. Creating and Delivering Listener- Centered Oral Presentations in PowerPoint	Module 22: Creating a Research Poster (Honours) Module 23: Public Speaking Elements Module 24: Honours PowerPoint Submission
Week #20 Mar. 10 th – 14 th (In-Person)	Delivering an Oral Presentation	=====	Group Activity: Peer Review of PPTs
Week #21 Mar. 17 th – 21 st (In-Person)	Delivering an Oral Presentation	=====	Group Activity: Oral Presentations

Week #22 Mar. 24 th – 28 th (In-Person)	Delivering an Oral Presentation	=====	Group Activity: Oral Presentations
Week #23 Mar. 31 st – Apr. 4 th (In-Person)	Delivering an Oral Presentation	=====	Group Activity: Oral Presentations
Week #24 April 7 th – 11 th (In-Person)	Honours Debrief and Review Discussion	=====	Module 25: Honours Check-In #4
END OF TERM 2 ACTIVITIES			
OPURC: Okanagan Psychology Undergraduate Research Conference (see Dates and Deadlines below)			

Preliminary Abstracts/OPURC Applications Open: October 7th, 2024

Applications and Preliminary Abstracts Due: November 22nd, 2024

Applications Open for Final Abstracts: February 28th, 2025

Final Abstracts Due: March 14th, 2025

Applications Open for Presentation Slides: March 14th, 2025

Final Presentation Slides Due: April 4th, 2025

Conference Dates: April 8th, 9th, and 10th 2025

Preliminary Abstracts

- 150 words.
- Must include background, methods, implications and 3-5 keywords.
- Must follow APA 7 formatting guidelines.
- Abstracts will be evaluated on APA, spelling/grammar, clarity, conciseness, and section components. This is further outlined in our judging rubric which can be viewed [here](#).

Final Abstracts

- 200 words.
- Must include background, methods, results, implications/conclusions and 3-5 keywords.
- Must follow APA 7 formatting guidelines.

Oral Presentations

- Powerpoint or Google Slides (No Canva).
- 10 minute presentation with 5 minutes for questions.
- Must include research question/objective, methods, results, and discussion/conclusion.
- Presentations will be evaluated on section components, overall presentation, innovativeness and Q&A. This is further outlined in our judging rubric which can be viewed [here](#).

Final Examination:

There is no final examination in this course.

Grading Practices:

It is the policy in this course that final grades cannot be adjusted (through extra assignments or otherwise) in order to achieve a passing mark, higher letter grade etc. In order to maintain fairness within this course, requests for additional assignments or to round up grades will not be considered. Faculties, departments, and schools reserve the right to scale grades in order to maintain equity among sections and conformity to University, faculty, department, or school norms. Students should therefore note that an unofficial grade given by an instructor might be changed by the faculty, department, or school. Grades are not official until they appear on a student's academic record. <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,90,1014>

Academic Integrity:

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. **Incidences of plagiarism or cheating usually result in a failing grade or mark of zero on the assignment or in the course.** Careful records are kept to monitor and prevent recidivism. A more detailed description of academic integrity, including the University's policies and procedures, may be found in the Academic Calendar at: <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,54,111,0>

If you choose to use ChatGPT or an AI Writing Tool to aid in the completion of assignments in any way, it is expected that the ChatGPT or AI writing tool be properly referenced using APA style, and a description be included outlining why the ChatGPT or AI writing tool was used/for what purpose, and how it enhanced your assignment. This description needs to be explicit and accompany all assignments that utilize ChatGPT or AI writing tools. Failure to include a proper reference and description will be considered to be a breach of academic integrity and academic misconduct. If you have any questions about the use of ChatGPT or AI assistants, please reach out to your instructor for clarification. Reminder, anonymize any personally identifiable information in the prompts as a helpful way to protect privacy and confidentiality.

Copyright Disclaimer:

Diagrams and figures included in lecture presentations adhere to Copyright Guidelines for UBC Faculty, Staff and Students (<http://copyright.ubc.ca/requirements/copyright-guidelines/>) and UBC Fair Dealing Requirements for Faculty and Staff (<http://copyright.ubc.ca/requirements/fair-dealing/>). Some of these figures and images are subject to copyright and will not be posted to *Canvas*. All material uploaded to *Canvas* are used with permission of the publisher; are in the public domain; are licensed by Creative Commons; meet the permitted terms of use of UBC's library license agreements for electronic items; and/or adhere to the UBC Fair Dealing Requirements for Faculty and Staff. Access to the *Canvas* course site is limited to students currently registered in this course. Under no circumstance are students permitted to provide any other person with means to access this material. Anyone violating these restrictions may be subject to legal action. Permission to electronically record any course materials must be granted by the Instructor. Distribution of this material to a third party is forbidden.

Resources and Supports for Students

Student Learning Hub:

The Student Learning Hub is your go-to resource for free math, science, writing, and language learning support. The Hub welcomes undergraduate students from all disciplines and year levels to access a range of supports that include **tutoring in math, sciences, languages, and writing, as well as help with study skills and learning strategies.**

LIB 237 250.807.8491

email: learning.hub@ubc.ca

Web: <https://students.ok.ubc.ca/academic-success/learning-hub/>

Centre for Scholarly Communication: Research Writing and Research Data Consultations:

The Centre for Scholarly Communication is an information hub for research support services at UBC Okanagan and provides **free research writing and research data consultations.** Set up a writing consultation for journal articles, grant proposals, theses, dissertations, coursework, and conference presentations. Or set up a data consultation to explore a variety of approaches for working with research data (including Python, R, etc.): for cleaning and organizing your data, data visualization, modelling, statistical analysis and many other topics related to preparing and analyzing research data from a broad spectrum of disciplines. Enrich your research experience by accessing support early and often. Contact us at csc.ok@ubc.ca

For information on **booking a consultation**, visit <https://csc.ok.ubc.ca/consultations/>

To access our **self-guided resources**, visit <https://csc.ok.ubc.ca/self-guided-resources/>

UBC Okanagan Disability Resource Centre:

The Disability Resource Centre ensures educational equity for students with disabilities and chronic medical conditions. If you are disabled, have an injury or illness and require academic accommodations to meet the course objectives, please contact Earlene Roberts, the Manager for the Disability Resource Centre located in the University Centre building (UNC 215).

UNC 215 250.807.8053

email: drc.questions@ubc.ca

Web: <https://students.ok.ubc.ca/academic-success/disability-resources/>

UBC Okanagan Equity and Inclusion Office:

Through leadership, vision, and collaborative action, the Equity & Inclusion Office (EIO) develops action strategies in support of efforts to embed equity and inclusion in the daily operations across the campus. The EIO provides education and training from cultivating respectful, inclusive spaces and communities to understanding unconscious/implicit bias and its operation within in campus environments. UBC Policy 3 prohibits discrimination and harassment on the basis of BC's Human Rights Code. If you require assistance related to an issue of equity, educational programs, discrimination or harassment please contact the EIO.

UNC 325H 250.807.9291

email: equity.ubco@ubc.ca

Web: <https://equity.ok.ubc.ca>

Indigenous Programs & Services:

Indigenous Programs & Services provides community and culturally appropriate services and support to First Nation, Métis, and Inuit students.

Office: UNC 210 & 212

Web: <https://students.ok.ubc.ca/indigenous-students/>

The Global Engagement Office:

The Global Engagement Office provides advising and resources to assist International students in navigating immigration, health insurance, and settlement matters, as well as opportunities for intercultural learning, and resources for Go Global experiences available to all UBC Okanagan students, and more. Come and see us – we are here to help! You may also contact geo.ubco@ubc.ca

Office of the Ombudsperson for Students:

The Office of the Ombudsperson for Students is an independent, confidential and impartial resource to ensure students are treated fairly. The Ombuds Office helps students navigate campus-related fairness concerns. They work with UBC community members individually and at the systemic level to ensure students are treated fairly and can learn, work and live in a fair, equitable and respectful environment. Ombuds helps students gain clarity on UBC policies and procedures, explore options, identify next steps, recommend resources, plan strategies and receive objective feedback to promote constructive problem solving. If you require assistance, please feel free to reach out for more information or to arrange an appointment.

UNC 328 250.807.9818

email: ombuds.office.ok@ubc.ca

web: www.ombudsoffice.ubc.ca

Health & Wellness:

At UBC Okanagan health services to students are provided by Health and Wellness. Nurses, physicians and counsellors provide health care and counselling related to physical health, emotional/mental health and sexual/reproductive health concerns. As well, health promotion, education and research activities are provided to the campus community. If you require assistance with your health, please contact Health and Wellness for more information or to book an appointment.

UNC 337 250.807.9270

email: healthwellness.okanagan@ubc.ca

web: <https://students.ok.ubc.ca/health-wellness/>

UBC Okanagan Walk-In Well-Being Clinic:

The Walk-In Well-Being clinic offers no-fee, brief, single-session psychological services. Sessions are led by a doctoral student in clinical psychology and supervised by a registered psychologist (UBCO Faculty member). Clinicians can provide support with stress management, sleep, self-care, depression, anxiety, interpersonal issues, substance misuse, coping with academic demands/stressors, and provide options for connecting to additional resources. Virtual or in-person sessions are available at the UBCO Psychology Clinic, located in ASC 167 with or without an appointment, on Tuesdays and Thursdays between 10 am and 3 pm from September to June, excluding campus closures. Phone: 250-807-8241 (ext. 1), email: ipc.ok@ubc.ca, Web: <https://psych.ok.ubc.ca/psychology-clinic/walk-in-wellness/>

UBC EFRT: The UBC Emergency First Response Team (EFRT) is a group of volunteer student responders who shift 24/7 to provide emergency medical first-aid services at the UBC Okanagan campus. The organization is run alongside security and supports the campus community on a day-to-day basis as well as at various campus activities and events. Our responders can be on scene within minutes and can be called through Campus Security's emergency line at [250-807-8111](tel:250-807-8111) in case of any emergency. To learn more about who we are, how we recruit new responders, and stay up to date, follow us on Instagram or Facebook @ubcefrt. Need medical support at your event? Check out our website at <https://efrt.ok.ubc.ca/>, or email us any further questions at ubcefrt@gmail.com

Sexual Violence Prevention and Response Office (SVPRO):

A safe and confidential place for UBC students, staff, and faculty who have experienced sexual violence regardless of when or where it took place. Just want to talk? We are here to listen and help you explore your

options. We can help you find a safe place to stay, explain your reporting options (UBC or police), accompany you to the hospital, or support you with academic accommodations. You have the right to choose what happens next. We support your decision, whatever you decide. Visit svpro.ok.ubc.ca or call 250.807.9640

Independent Investigations Office (IIO):

If you or someone you know has experienced sexual assault or some other form of sexual misconduct by a UBC community member and you want the Independent Investigations Office (IIO) at UBC to investigate, please contact the IIO. Investigations are conducted in a trauma informed, confidential, and respectful manner in accordance with the principles of procedural fairness.

You can report your experience directly to the IIO via email: director.of.investigations@ubc.ca or by calling 604.827.2060 or online by visiting investigationsoffice.ubc.ca

SAFEWALK:

Don't want to walk alone at night? Not too sure how to get somewhere on campus? Call 250.807.8076
For more information, see: <https://security.ok.ubc.ca>